

Frequently Asked Questions About Akashic Record Readings With Haleya

What are the Akashic Records?

The Akashic Records are the individual records of a soul from the instant it leaves its point of origin until the end of time. At the moment we make the decision to experience life as an independent entity, there is a field of energy created to record every thought, word, emotion, and action generated by our experience. That field of energy is known as the Akashic Record. Akashic because it is composed of Akasha (the energetic substance from which all life is formed) and Record because its objective is to record all life experience. In ancient teachings it has been referred to as the Book of Life. Traditionally, the Akashic Record can be considered to be a library, where an individual's records are considered to be a book within the library. Information retrieved and received from the individual's book is considered to be the sections of the book. In our current understanding, the Akashic Record is the oneness of everything where all is contained. The Akashic Record energy is an expanding, living, breathing field.

Why would I want my Records read?

There are many reasons to have your Records read including: You are at a transition point in your life, and need help with your next steps; You may feel stuck in your life & need direction; You are unable to make a shift or heal some pattern in your life; You feel you have a lot of negative energy in or around you; You would like to know about your soul's purpose; You would like to understand what makes you tick and why; You would like to gain access to a past life; You need to understand why you are in a job; or relationship that isn't working for you.

What is the difference between this and a psychic reading?

The purpose of reading the Akashic Records, and the information given to us through the Akashic Records is to help your evolution. The Akashic Records want to empower you. The Akashic Records is a spiritual medicine for you. They are not there to just give you information randomly. They are there to give you the information that is most important for you to hear for your own growth.

What is a Reading like?

Expect 1.5 hours of your time. I will open your Records with a specific prayer that opens the portal to your Records. I am fully conscious. Information will come to me through images and words. We'll work together during your session to help answer your questions. There may be clearing work or hands on healing work that may accompany your consultation.

What kinds of questions should I ask?

Questions such as: 1) Why am I here? 2) Why am I in relationship with this person? 3) What am I trying to learn right now? 4) What is my soul's purpose? 5) What are my blocks and what do I need to do to heal? 6) What past life is affecting me today? 7) What do the Akashic Records want me to know? These are a few ideas you can work with.

Will I need only one consult or will I need to come back?

That depends on what you discover during your consultation. It also depends on your finances and time allotted. Some folks feel they get enough with one consult, others feel that there is clearing work that would be beneficial to pursue. Only you can make that decision.